



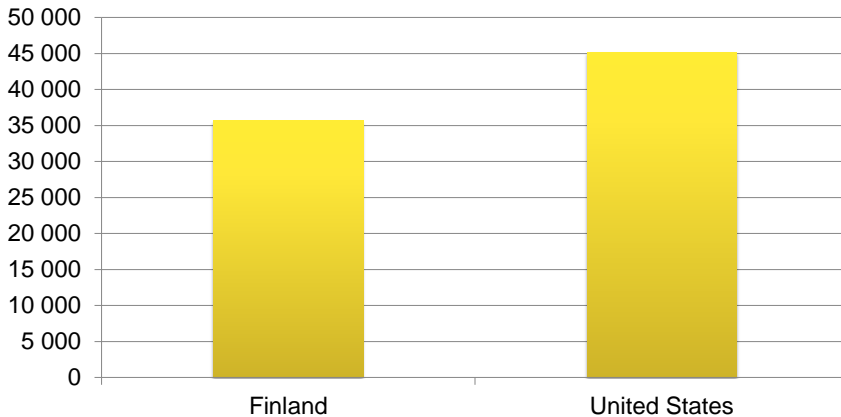
Transforming Ourselves to Achieve Triple Aim Results: The Experiences of An Integrated Health System

Thomas E. Kottke, MD, MSPH
Medical Director for Evidence-Based Health
Consulting Cardiologist
Helsinki, Finland – 25 May 2012

Originally prepared for
Mary Brainerd, CEO
Beth Waterman, Chief Improvement Officer

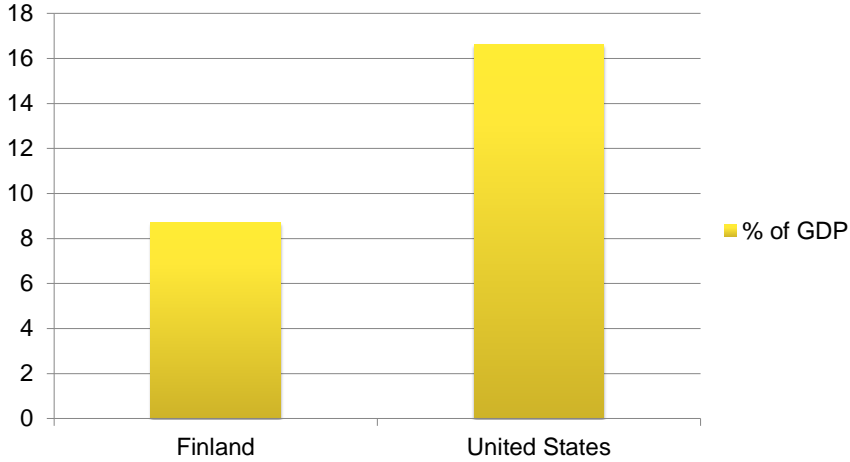
GDP/capita 2009: Finland and United States

US\$



Source: OECD Stat Extracts

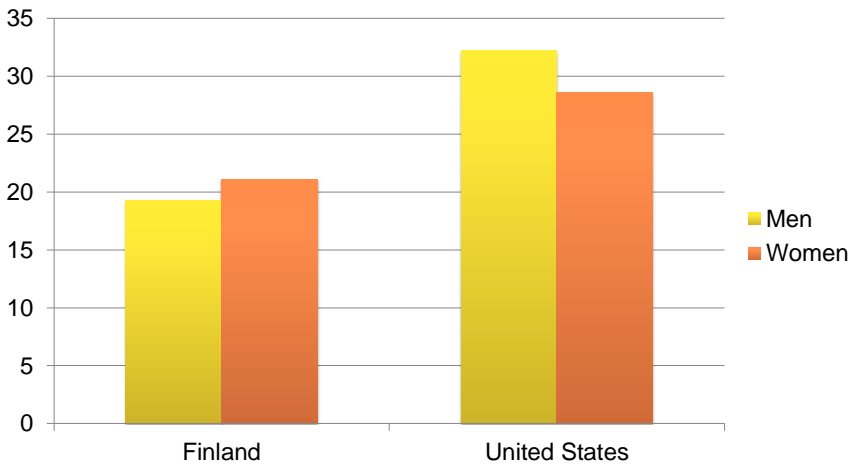
Health Care Expenditures as % of GDP: 2009



Source: OECD Stat Extracts

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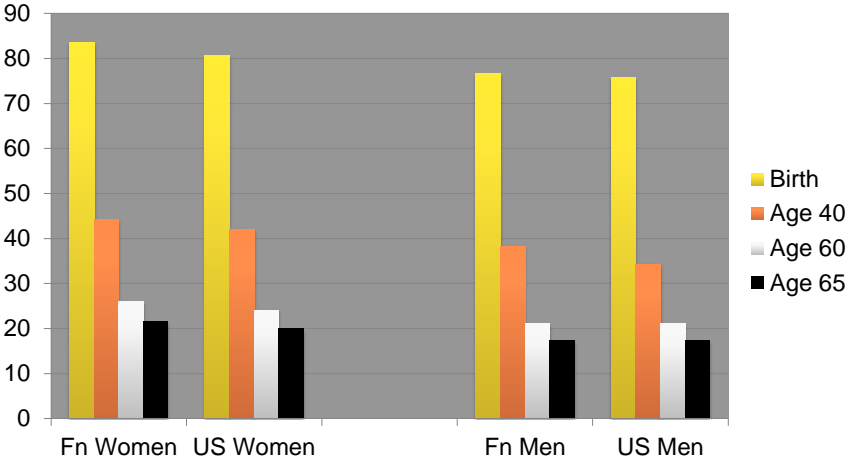
% Obese Age 15+ in 2007: Finland and United States



Source: OECD Stat Extracts

4

Life Expectancy in 2009: Finland and United States




Source: OECD Stat Extracts



HealthPartners

- Not-for-profit, consumer-governed
- Integrated care and financing system
 - 12,000 employees
 - Health plan
 - 1.36 million members in Minnesota and surrounding states
 - Medical Clinics
 - 500,000 patients
 - 800 physicians
 - HealthPartners Medical Group
 - Stillwater Medical Group
 - 35 medical and surgical specialties
 - 50 locations
 - Multi-payer
 - Dental Clinics
 - 60 dentists
 - Specialties: oral surgery, orthodontics, pediatric dentistry, periodontics, prosthodontics
 - 20 locations
 - Four hospitals
 - Regions: 454-bed level 1 trauma and tertiary center
 - Lakeview: 97-bed acute care hospital, national leader in orthopedic care
 - Hudson: 25-bed critical access hospital, award-winning healing arts program
 - Westfields: 25-bed critical access hospital, regional cancer care location





Who We Are
Health is what we do. Partnership is how we do it.


Mission: Why we're here
Improve the health of our members, our patients and the community.

Vision: Where we're headed
Through our innovative solutions that improve health, we offer a consistently exceptional experience at an affordable cost, we will transform health care. We will be the best and most trusted partner in health care, health promotion and health plan services in the country.

Values: How we act
PASSION • TEAMWORK • INTEGRITY • RESPECT
We live our values thru our Promises to Each Other & our Promises to Patients, Families & Members.

Strategies: What we do
PEOPLE • HEALTH • EXPERIENCE • STEWARDSHIP
We approach our work and create our work plans by breaking it up into four dimensions.

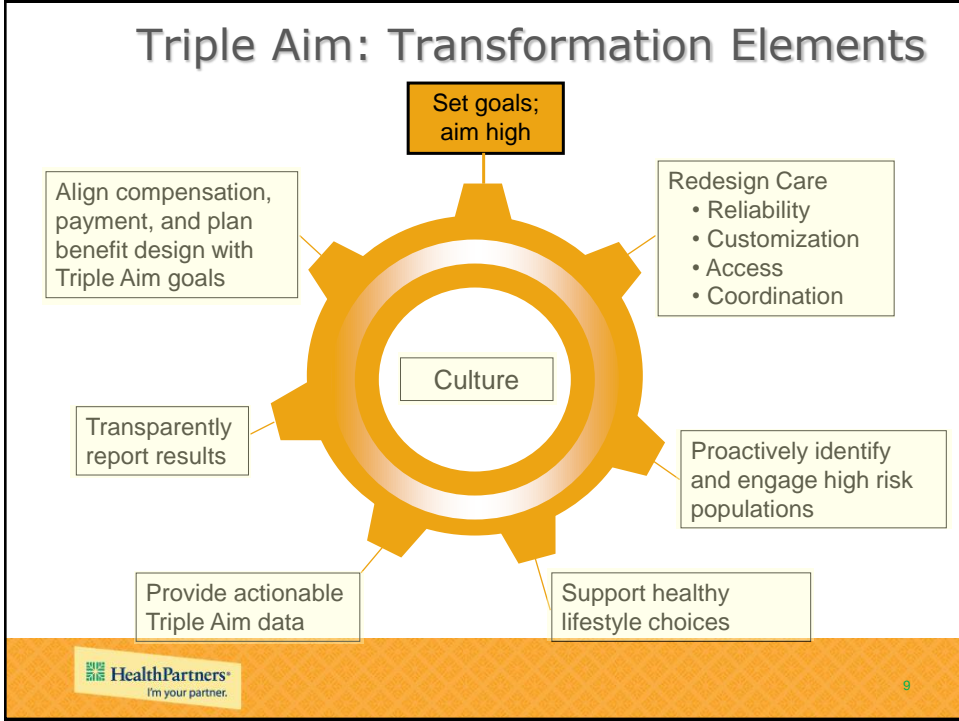
Results: How we will know we did it
Balanced scorecard: A quarterly report that tracks our progress in the 4 dimensions
Partners for Better Health: The long-term road map for our work in the Health, Experience and Stewardship dimensions also known as the Triple Aim.

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Achieving Value in Health Care

- The stakeholders agree on a set of mutual, measurable goals for the health system
- The extent to which the goals are being achieved is reported to the public
- Resources are available to achieve the goals
- Stakeholder incentives, imperatives, and sanctions are aligned with the agreed-on health system goals
- Leaders among all stakeholders endorse and promote the agreed-on health system goals.



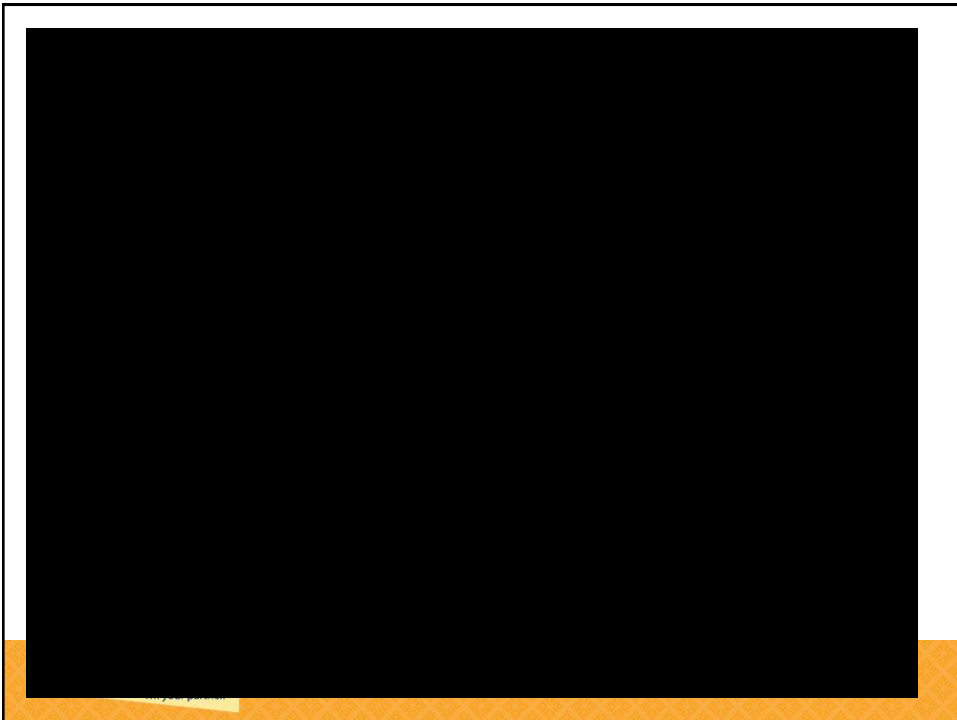
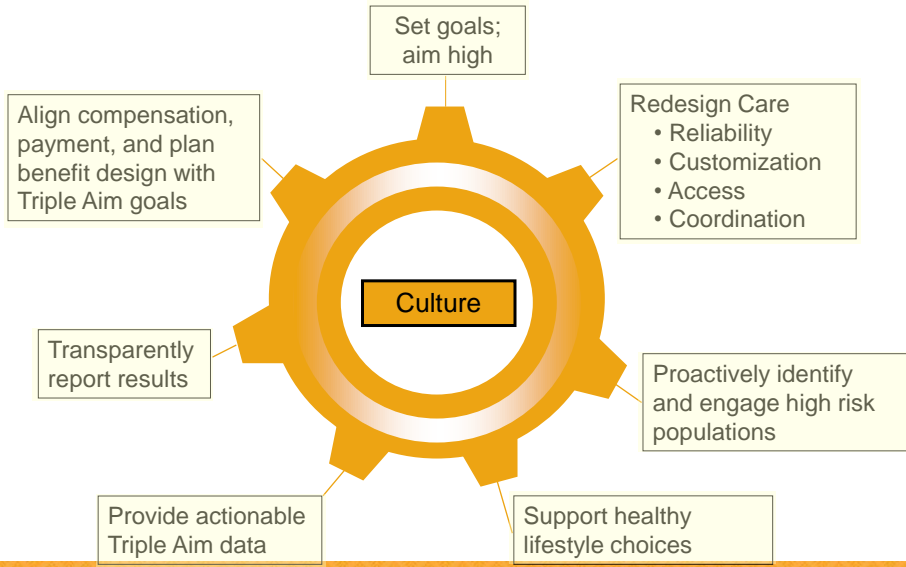
Partners for Better Health Goals 2014

Health Success	Experience Success	Affordability Success
<p>Improved health for our customers and community as measured by:</p> <ul style="list-style-type: none"> • Better well being, more satisfied and healthy lives. • The best local and national health outcomes and the best performing health care costs in the region. 	<p>Deliver an exceptional experience that customers want and deserve at an affordable cost as measured by:</p> <ul style="list-style-type: none"> • The best performance on customer's willingness to recommend our clinics, hospitals and health plan to family and friends. • Feeling well-supported, respected and cared for throughout life. 	<p>Lower health care costs for our customers as measured by:</p> <ul style="list-style-type: none"> • Cost trends that are at or below general inflation (Consumer Price Index, a leading economic indicator). • The best performing overall health care costs in the region. • HealthPartners clinics and hospitals will be in the best 10 percent in the region in overall costs of health care.

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Triple Aim: Transformation Elements



Promises To each other

**R
E
S
P
E
C
T**

Reliable

- I will be dependable and follow through on my responsibilities.

Excellence

- I will go above and beyond to make a positive difference each day.

Show Appreciation

- I will value and acknowledge your contributions.

Positive Attitude

- I will be friendly, optimistic and helpful.

Embrace Difference

- I will honor and learn from your uniqueness and experiences.

Communicate


- I will listen, seek to understand and share information.

Teamwork

- I will support you, and together we will succeed.

Culture


- Partners with those we serve
- Patient-centered
- Embraces the triple aim
- Supports innovation
 - Team-based
 - Safety
 - Standardization



Promises To patients, families and each other

We promise to...

- Treat you with dignity, respect and compassion.
- Provide you with accurate and timely information.
- Actively listen and involve you as you desire in your care.
- Provide hassle-free access to the services and care you need.
- Anticipate your needs and provide continuity and coordination of your services.
- Provide you with a safe, clean and healing environment.




I'm your partner.

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Physician/Dentist Culture: Grounded in Partnership

- **Started with vision for the future of health care**
 - [“Escape Fire.”](#) Dr. Don Berwick’s Plenary Address at IHI’s 1999 National Forum.
 - [Crossing the Quality Chasm.](#) Institute of Medicine (2001)
 - [Zen and the Art of Physician Autonomy Maintenance.](#) Reinertsen. *Annals of Internal Medicine*, 138(12), 992-995. (2003)
- **Discussion with every doctor: Partnership Agreement**
- **Built into our ongoing processes**
 - New physician interviews/orientation
 - Annual performance reviews for doctors and leaders
 - Approaches to care redesign



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HealthPartners Physician & Dentist Partnership Agreement

ORGANIZATIONAL GIVES

Involvement and engage doctors

Support a practice that works for both patients and doctors

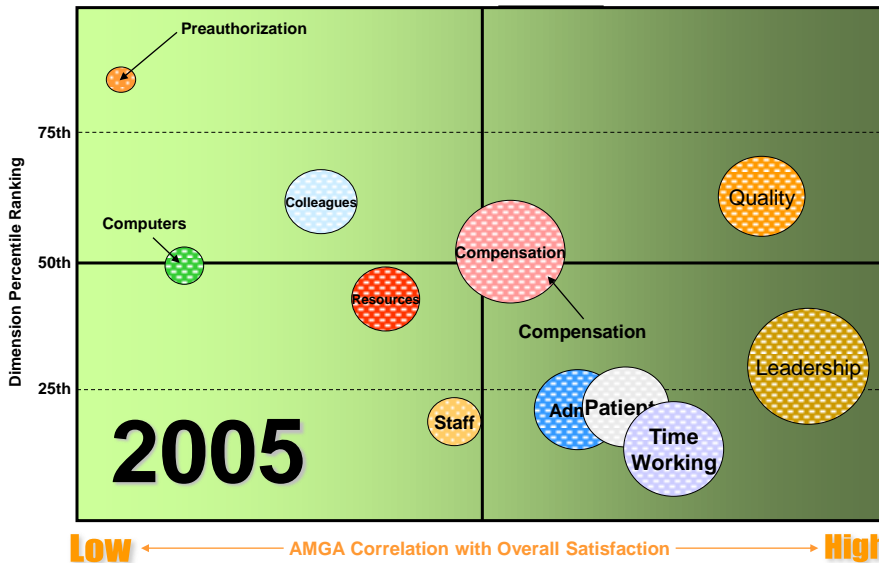
- Be Patient Centered
- Support the 6 aims of practice and remove barriers at the point of care
- Provide an environment and tools to ensure satisfying and sustainable practices
- Promote trust and accountability within teams and the medical/dental groups
- Create opportunities to educate physicians, dentists and staff about 6 Aims centered care
- Provide support for a healthy and balanced work life for doctors
- Respect physicians' and dentists' time to allow care of patients

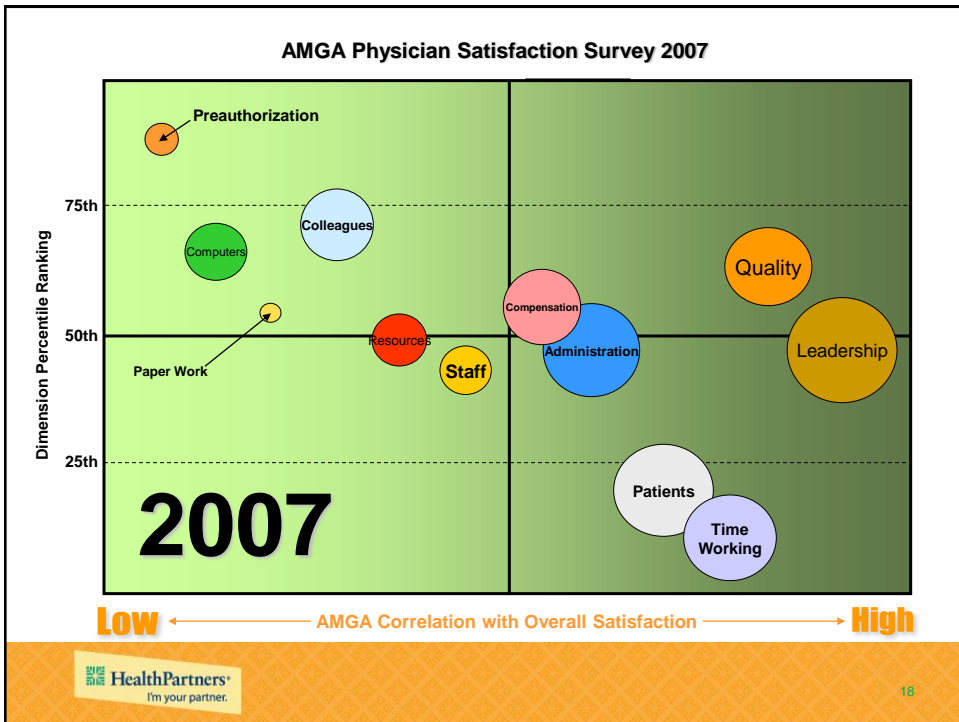
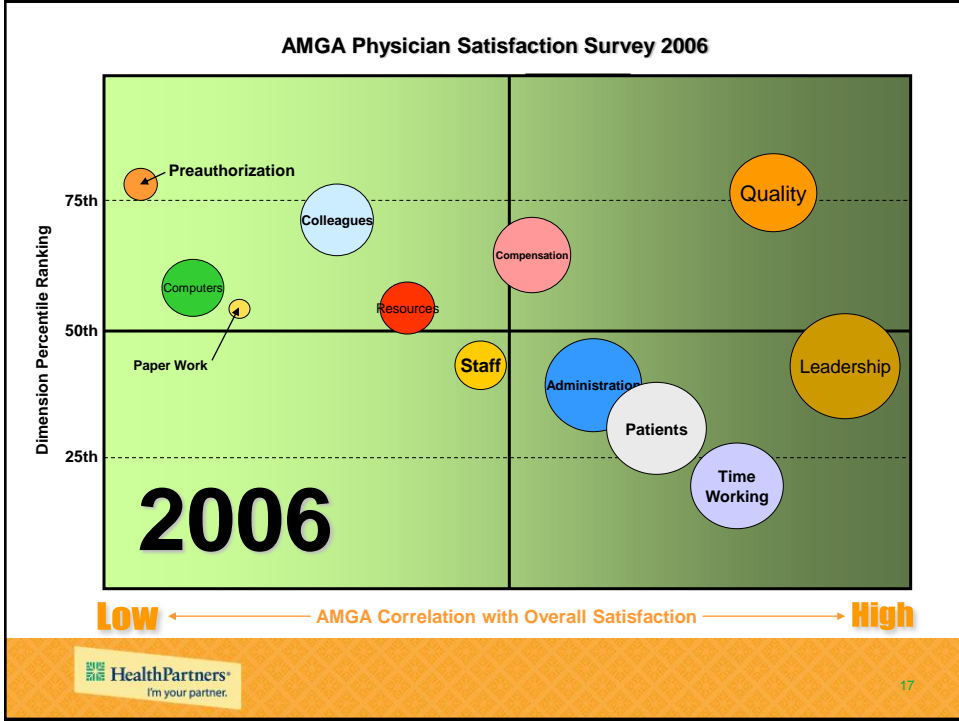
PHYSICIAN & DENTIST GIVES

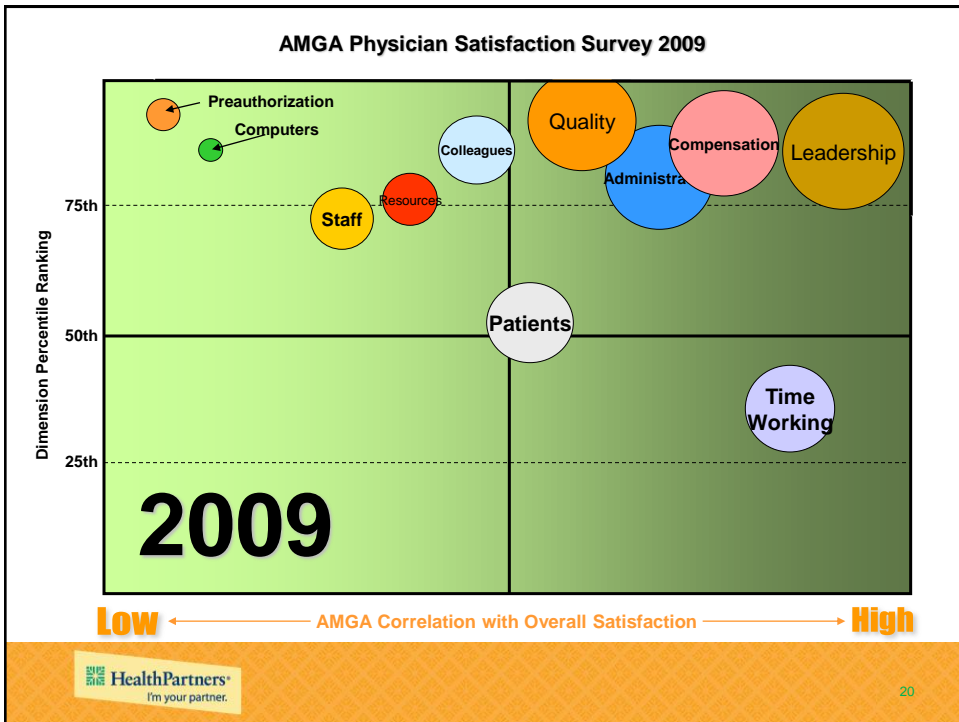
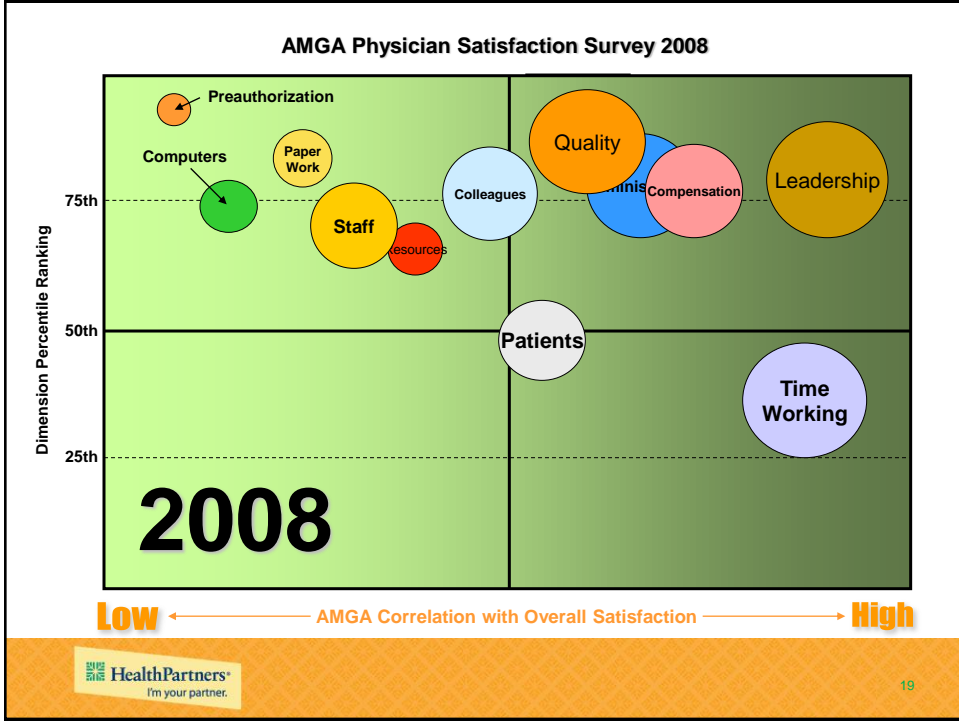
Excel in clinical expertise and practice

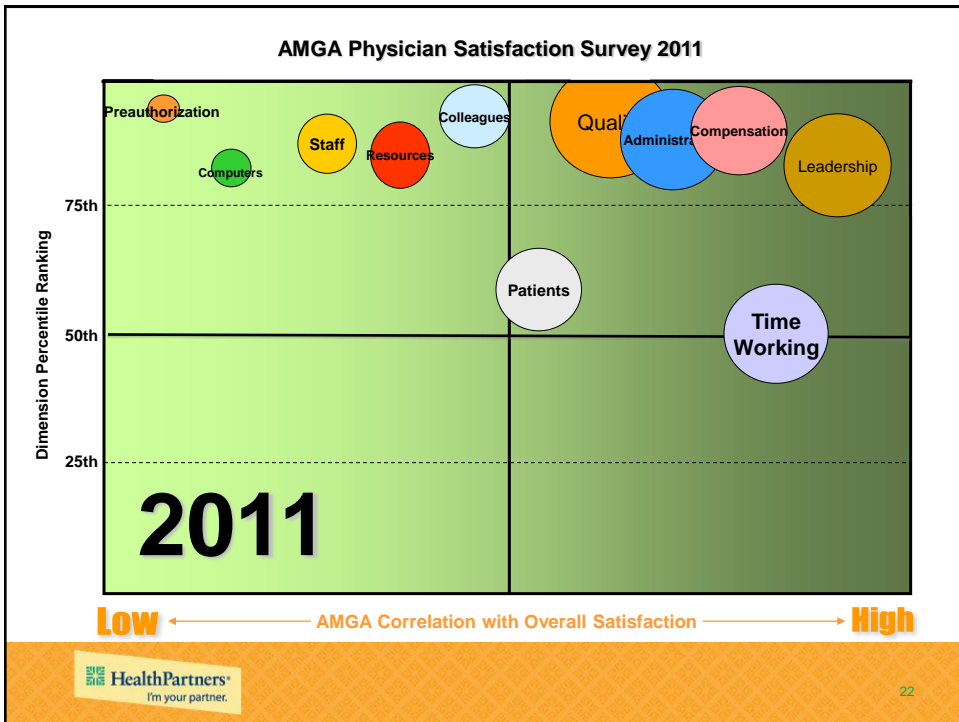
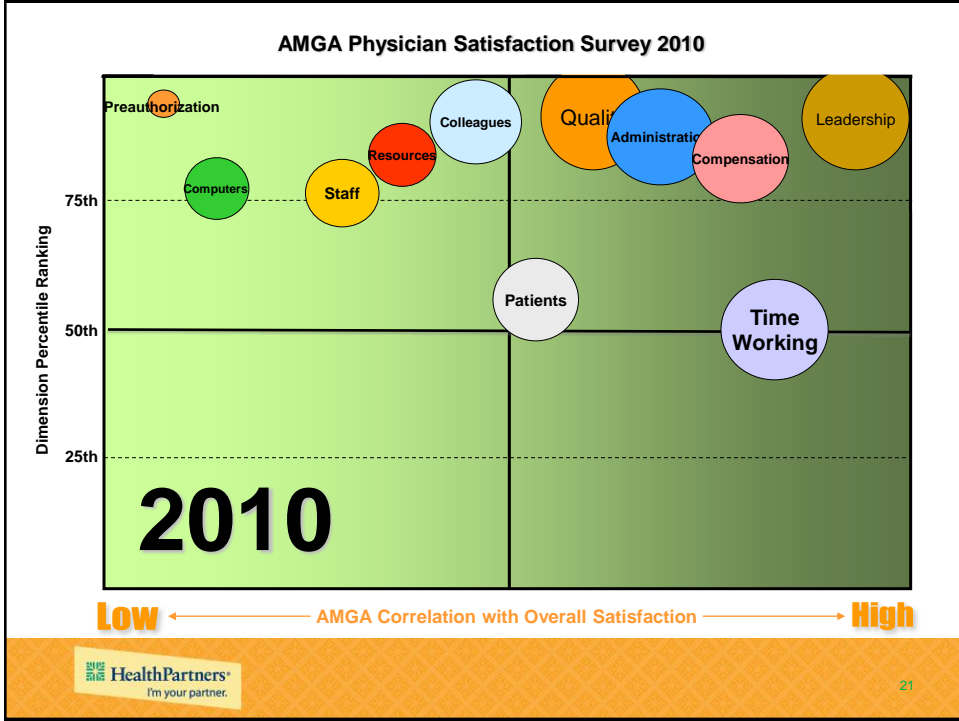
- Be Patient Centered
- Pursue clinical practice consistent with the 6 aims
- Advance personal and care team expertise and excellence
- Seek and implement best practices of care for patients
- Reduce unnecessary variation in care to support quality, reliability, and customized care based on patients needs
- Create innovations for care and care delivery and be open to innovations and ideas for improvement needed in our environment
- Show flexibility and openness to change

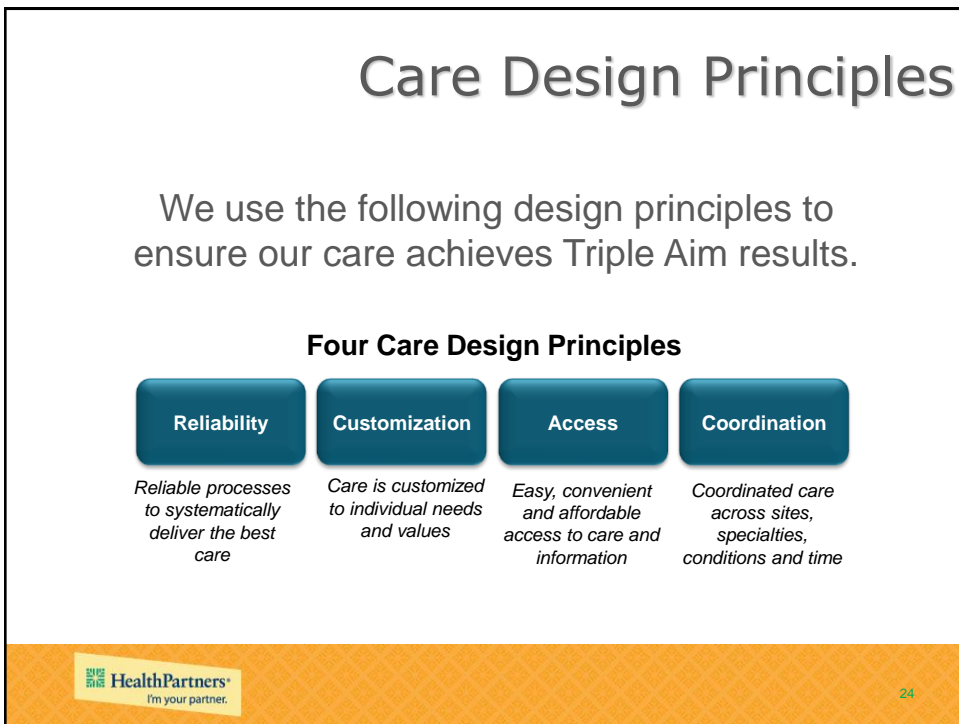
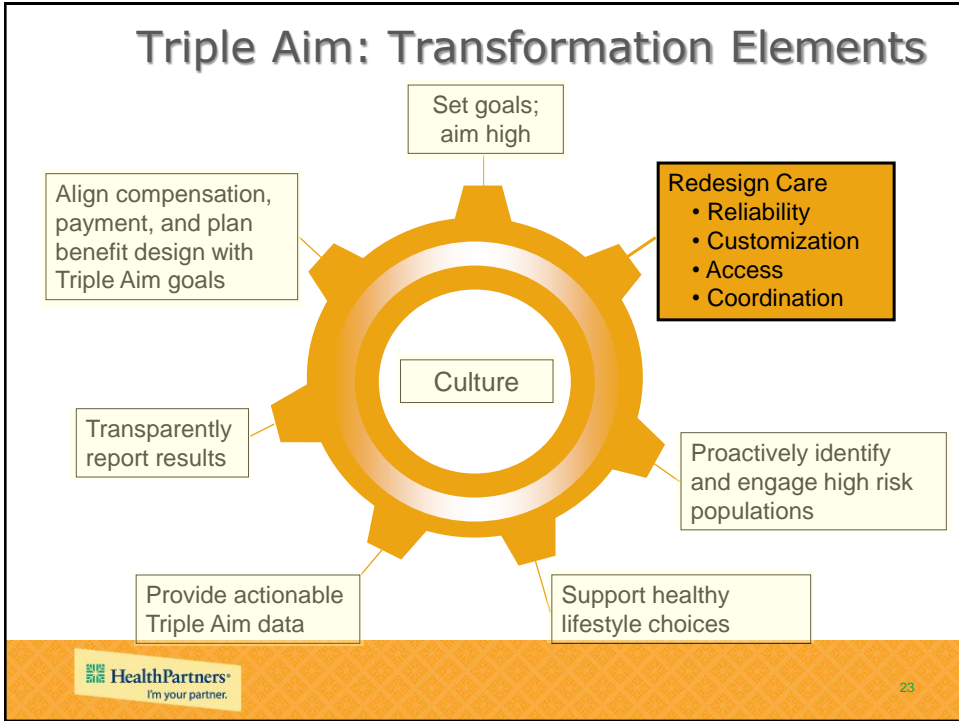
AMGA Physician Satisfaction Survey 2005











Four Care Design Principles



- Throughout our system we develop consistent approaches to deliver reliable, standardized care focused on the patient :
 - Evidence-based
 - Decision support in electronic medical record
 - Processes are standardized; waste and rework eliminated through process redesign techniques
 - Every member of the care team contributes to their maximum potential; Defined roles and responsibilities
- Physicians, and other care team members lead improvement initiatives



Primary Care Model Process

Scheduling	Pre Visit	Check-in	Visit	Post Visit	Between Visit
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Clinical topics

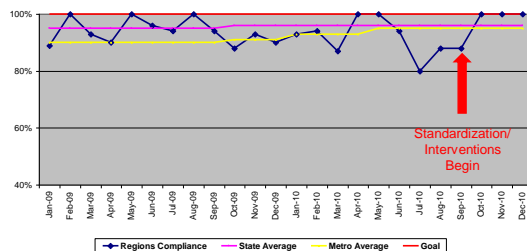
- Depression
- Diabetes
- Preventive services
- Tobacco cessation
- Pediatric immunizations
- Child and teen check-up
- Pediatric asthma

Team Members

- Physician Led
- Registered Nurse
- Rooming Staff
- Clerical Staff
- Ad hoc: dieticians, pharmacists, diabetes educators



A Foundation of standardized care: Ventilator Associated Pneumonia Prevention Bundle Compliance



- Standardization / Interventions
 - Unit relocated October 2009
 - Mandatory re-education about Bundle
 - Pharmacist rounding with physicians
 - Manager rounding to verify Bundle is implemented

Measuring reliable care for the seriously mentally ill

- Minnesota 10x10: A commitment to lengthen lifespan of people with serious mental illnesses by 10 years within 10 years
- Composite measure for Seriously Mentally Ill:
 - Body Mass Index less than 30
 - Non tobacco use
 - Cholesterol measure at target
 - Blood sugar measures at target
 - Primary care visit in past 12 months

Measuring reliable care for the seriously mentally ill

- Measure Results:
 - January 2010 – 3.8%
 - March 2011 – 8.4% overall
 - March 2011 – 12.1% (for patients with visit to HealthPartners Medical Group primary care)
- Care Model Pilot with 4 psychiatrists has improved their rates by 3-4% in 5 months

Four Care Design Principles

Reliability

Customization

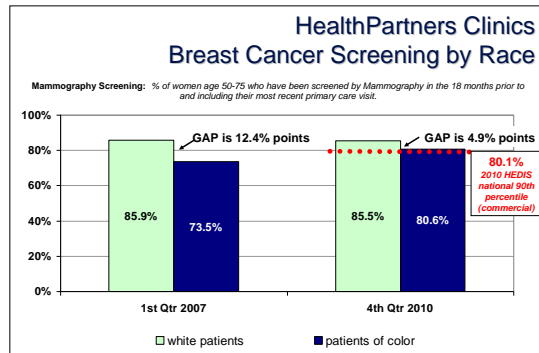
Access

Coordination

- Care is customized to individual preferences and values
- One focus is reducing disparities

Reducing the Gap: Breast Cancer Screening

- Offer same day mammograms
- Reaches women who need extra encouragement
- Average 500/month
- Outreach calls by radiology



Breast Cancer Screening: *Interventions that have worked*

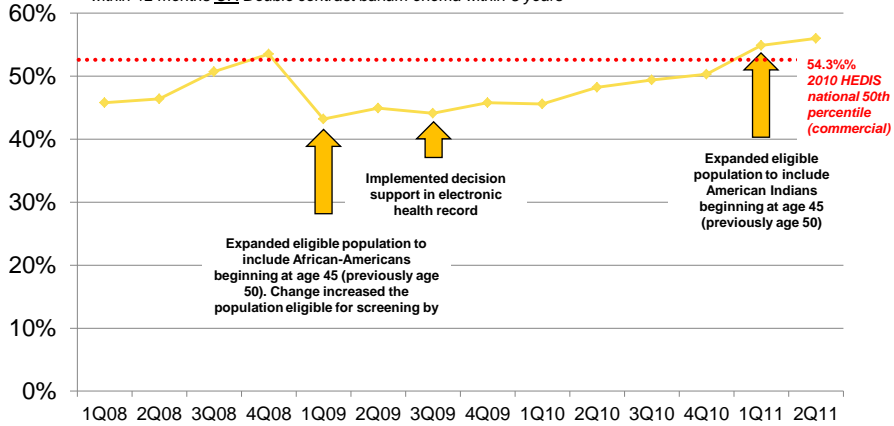
- Pilot: Offer walk-in mammography at time of visit
- Outreach calls then made to patients still due



**The 'Pink Ticket' Program
at Brooklyn Center**

Colorectal Cancer Screening

Measure: The % of all Black or African-American (and Native American, starting 1Q11) patients ages 45-80 having an eligible primary care or OB-GYN office visit during the most recent quarter who are up-to-date with colorectal cancer screening, which includes the following: colonoscopy within 10 years OR flexible sigmoidoscopy within 5 years OR Fecal Occult Blood Test (FOBT) or Fecal Colorectal Test (FIT) within 12 months OR Double contrast barium enema within 5 years



An Equitable Health Collaborative

Reduce Health Disparities

- Each team completes QI project
- Present data and results to collaborative at year-end
- Sponsors leverage recommended changes into large scale improvements
- Participants gain an increased awareness and understanding of the communities they serve
- Community advisors will affirm that their voices were heard and acted upon
- Improve health disparities, patient care and community health

Teams

- Increase Pediatric Immunizations
- Improve Diabetes Outcomes
- Increase Breast Cancer Screening Rates
- Reduce Readmission Rates
- Improve time to Pain Medication in the ED
- Improve Colon Cancer Screening Rates
- Increase Number of Completed Advance Directives
- Increase Pediatric Preventative Dental Care

Target Population

- East African patients
- Ethiopian patients
- Hmong and Somali patients
- Patients of color and public program enrollees
- Patients of color
- Patients of color and public program enrollees
- African American patients
- Public program enrollees



Customization: Shared Decision Making

HealthPartners Health Information Library

< Home Search

Decision Point

You may want to have a say in this decision, or you may simply want to follow your doctor's recommendation. Either way, this information will help you understand what your choices are so that you can talk to your doctor about them.

Turn on Accessibility Mode

Breast Cancer: Should I Have Breast-Conserving Surgery or a Mastectomy for Early-Stage Cancer?

1 Get the Facts	2 Compare Options	3 Your Feelings	4 Your Decision	5 Quiz Yourself	6 Your Summary
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Get the facts

Your options

- Have surgery to remove the breast (**mastectomy**).
- Have surgery to remove just the cancer from the breast (**breast-conserving surgery**) followed by radiation treatments.

- Approaches used in our clinics, hospital, and in health and care management
 - Back pain
 - Early stage breast cancer
 - Prostate cancer treatment options
 - Vaginal birth after caesarean
 - Palliative care/end of life

The Diabetes Wizard standardizes and customizes care

- A tool in the electronic medical record that gives prompts and reminders to the care team
- Version 1 developed for diabetes to personalize goals and prioritize treatment options based on the evidence and patient preference
- Version 2 will address risk factors for cardiovascular disease: blood pressure, cholesterol, smoking, obesity, aspirin use and glucose
- Version 2 will prioritize the treatment options based on the degree of benefit to the patient

HealthPartners Wizard Provider Interface

Diabetes Wizard - Optional Treatment Suggestions

MFR#: _____ Name: _____ Gender: _____ DOB: _____ Provider: _____

Glucose/A1c	BP	Lipid																														
<p>***** NOT AT GOAL *****</p> <table border="1"> <thead> <tr> <th>A1c</th> <th>Date</th> <th>Goal</th> </tr> </thead> <tbody> <tr> <td>8.4</td> <td>9/13/2006</td> <td><7</td> </tr> <tr> <td>CR: 1.3</td> <td>9/20/2006</td> <td></td> </tr> </tbody> </table> <p>CHF Dx: Not Identified</p> <p>Current Glucose Meds: - Insulin</p> <p>***** TREATMENTS TO CONSIDER ***** <i>The treatment recommendations only apply to Type II Diabetes!</i> Start metformin 500 mg po qd or bid. Increase dose by 500 mg every 1-2 weeks based on SMBG's to 1000 mg bid. or Start a thiazolidinedione (e.g. actos 15 mg po qd). Increase dose every 6-8 weeks to maximum of 45 mg qd.</p> <p>***** COMMENTS & ALERTS ***** Consider monthly visits until better glyemic control is achieved!</p>	A1c	Date	Goal	8.4	9/13/2006	<7	CR: 1.3	9/20/2006		<p>***** NOT AT GOAL *****</p> <table border="1"> <thead> <tr> <th>BP</th> <th>Date</th> <th>Goal</th> </tr> </thead> <tbody> <tr> <td>1: 154/80</td> <td>09/06/2006</td> <td><130/80</td> </tr> <tr> <td>2: 138/82</td> <td>07/27/2006</td> <td></td> </tr> </tbody> </table> <p>UMACR: 8 1/31/2006</p> <p>CHF Dx: Not Identified MI Dx: Not Identified</p> <p>Current BP Meds: - None</p> <p>***** TREATMENTS TO CONSIDER ***** Start lisinopril-HCTZ (e.g. prinzide 20/25 mg - 1/2 tab qd). or Start ARB plus diuretic (e.g. irbesartan-HCTZ or Aivalide 150/12.5 mg - 1 tab qd). or Start an ACE inhibitor or ARB (eg. lisinopril 10 mg or irbesartan 75 mg - 1 tab qd). or Start a diuretic (e.g. HCTZ 12.5 mg - 1 tab qd).</p> <p>***** COMMENTS & ALERTS ***** BP is more than 20/10 mm Hg over goal, consider starting 2 BP medication classes. Diabetes is considered a compelling indication for first line treatment with ACE or ARB!</p>	BP	Date	Goal	1: 154/80	09/06/2006	<130/80	2: 138/82	07/27/2006		<p>***** NOT AT GOAL *****</p> <table border="1"> <thead> <tr> <th>LDL</th> <th>Date</th> <th>Goal</th> </tr> </thead> <tbody> <tr> <td>127</td> <td>1/31/2006</td> <td><100</td> </tr> <tr> <td>HDL: 64</td> <td>1/31/2006</td> <td>>=40</td> </tr> <tr> <td>TRIG: 96</td> <td>1/31/2006</td> <td><200</td> </tr> </tbody> </table> <p>CHD Dx: Not Identified</p> <p>Current Lipid Meds: - None</p> <p>***** TREATMENTS TO CONSIDER ***** Start a statin (e.g. simvastatin 10 mg or atorvastatin 10 mg) at bedtime. or Consider alternate LDL lowering therapy (e.g. Zelta or niaspam) if patient is intolerant of statins.</p> <p>***** COMMENTS & ALERTS ***** Consider statin therapy. Recent evidence suggests that most patients with diabetes benefit from statin therapy regardless of LDL level.</p>	LDL	Date	Goal	127	1/31/2006	<100	HDL: 64	1/31/2006	>=40	TRIG: 96	1/31/2006	<200
A1c	Date	Goal																														
8.4	9/13/2006	<7																														
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127	1/31/2006	<100																														
HDL: 64	1/31/2006	>=40																														
TRIG: 96	1/31/2006	<200																														

Was Glucose Treatment Modified? Was BP Treatment Modified? Was Lipid Treatment Modified?

Yes...Any of Above Yes...Other Than Above No Yes...Any of Above Yes...Other Than Above No Yes...Any of Above Yes...Other Than Above No

Print Form Pilot Form - Clinical Inertia Project Cancel Accept



The Diabetes Wizard standardizes and customizes care

The Wizard was helpful because it pushed me to intensify medication regimens and I could show it to the patient to help support an increase in medications. Anita MacDonald, MD



Four Care Design Principles

Reliability

Customization

Access

Coordination

- We design ways to make care and information
 - More convenient
 - Easy to access; and
 - Affordable

Convenient Services and Patient Choice Call, Click or Come In



Appointments


- Primary Care
 - 30% same day availability
- Specialty Care
 - Goal is routine access in 2 weeks
 - Efficient systems in place to ensure urgent access
- Emergency Room access
 - Wait time decreased 36% at same time visits grew 14%
 - Patients who left without being seen is 1.5%
- Urgent Care and ER wait times posted online




Online Services

Patient Services Health & Wellness

You have 2 unread clinic messages

 **HealthPartners® Clinics**

We make healthy simple. Call, click or come in.



[Review the preventive care services we recommend you schedule soon.](#)
[View your 4 new Test Results.](#)

[Make a medical appointment](#)

[Consult with my doctor](#)

[Check test results](#)

[Manage my family's accounts](#)

[Pay a clinic bill](#)

[Update address/phone](#)

[Immunization record](#)

[Sent messages](#)

[Upcoming appointments](#)

[Visit summaries](#)

[More medical record information](#)

- 34% of Patients enrolled
- Lab results automatically shared online with patients; most within 4 hours
 - Over 15 million results-to-date
 - Test results linked to patient friendly explanations
- Access medication list and immunization records
- Refill prescriptions and mail order pharmacy
- Online appointment scheduling (9% of all appointments)
- Online bill pay increased four fold in one year
- Secure email with doctor, nurse



Virtuwell



Cough. *(We treat over 30 common conditions.)*



Click. *(Easy online interview. Diagnosis by a nurse practitioner in 30 minutes.)*



Cured. *(Get treatment and prescription if needed.)*



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virtuwell: at a glance

- Available around the clock – 24/7/365
- Custom Treatment Plan with prevention advice
- A simple \$40 price, insurance accepted
- Money-back guarantee
- Free & easy triage
- Free 24/7/365 follow-up care
- Evidence-informed & physician-endorsed, backed by five decades of care delivery innovation
- Ability to connect with a nurse practitioner anytime



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Four Care Design Principles

Reliability

Customization

Access

Coordination

- We coordinate care across sites, specialties, conditions and time



Coordination Across Specialties: Lung Cancer Pathway

- Consistent, coordinated approach to providing evidence-based care
- Partnership between primary care, oncology, pulmonary and thoracic surgery
- Pathway is built into electronic record
 - One order for all lung nodules and cancers
 - Standardized treatment algorithms based on best evidence
 - Ability to measure outcomes
- Impact for patients
 - Builds trust when messages are consistent
 - Builds confidence when patient has one evidence-based care plan across all specialties
 - Increases satisfaction when care is coordinated by the same nurse

Cancer Pathway-Patient Roadmap

	Where	What	When
Diagnostic Workup	Lab/Imaging at Specialty Center	<ul style="list-style-type: none"> •Blood tests •Diagnostic scan •Meet your specialist & discuss options (surgeon, pulmonologist) 	Month 1
Treatment	Cancer Care Center	Planning and education visit with Oncologist & Nurse <ul style="list-style-type: none"> •Plan your treatment •Emotional Needs Assessment •Advanced Directives •Pain Assessment & Education •Shared Decision Making •Chemotherapy Intent Discussed 	Months 2 – 6
	Regions Interventional Radiology Clinic	<ul style="list-style-type: none"> •Portacath placement (for chemotherapy) 	
	Cancer Care Center	<ul style="list-style-type: none"> •Chemotherapy Education •Meet with Oncologist & Nurse – start chemotherapy 	
Follow-up	Cancer Care Center	<ul style="list-style-type: none"> •Follow-up visit with Oncologist 	6-9 months after last chemo
	Survivorship Clinic	<ul style="list-style-type: none"> •Get a comprehensive post-treatment plan that addresses medical, psychological, social and educational needs for cancer survivors 	

Care Coordination to reduce readmissions

- Reduce readmissions through collaboration of our hospital, clinics, care management and pharmacy services:
 - Identify high risk patients
 - Create care plans that reach across ambulatory, ED, ICU and inpatient
 - Schedule orders for follow up clinic appointment
 - Refer to home care and other resources
 - Simplify patient discharge instructions
 - Engage patients in “teach back” methods
 - Call patients post discharge

Jane's Story

- 35 year old Female with a history of Diabetes type 1, borderline personality, narcotic abuse, severe anxiety
- 6 weeks prior to Care Plan
 - 14 Emergency Department visits/6 hospitalizations
- 6 weeks after Care Plan
 - 1 Emergency Department visit, 2 hospitalizations

What Changed? Plan of care developed with Jane

- No IV narcotics in Emergency Department, inpatient or outpatient, unless it is emergently necessary
- Will not refuse blood glucose monitoring or labs
- Will not refuse insulin or medications to optimally manage her diabetes

What Changed? Plan of care developed with Jane

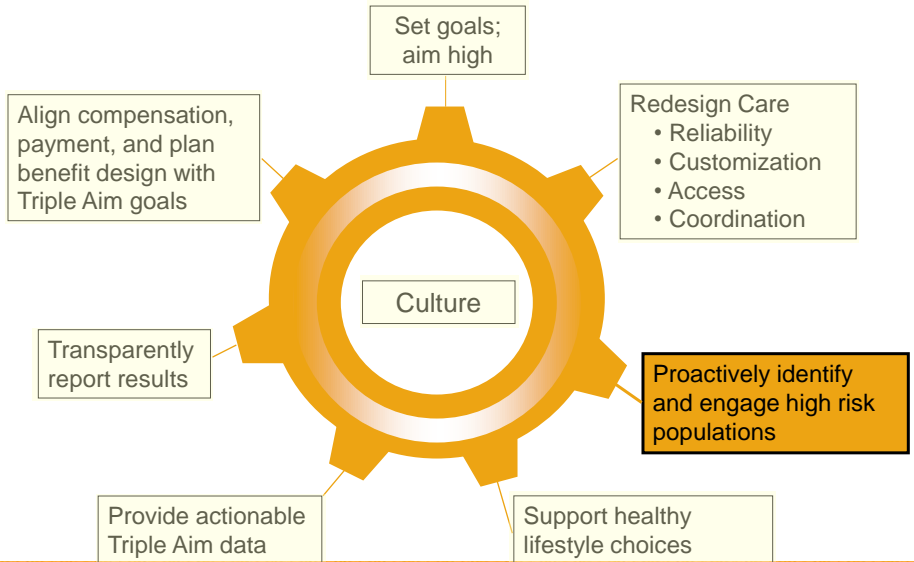
- Will not miss appointments with outpatient providers or education
- Outpatient appointments will be scheduled with primary care and Endocrinology
- The Emergency Room is not to be used for diabetes management or pain medication request
- Will use Careline before going to the Emergency Department

Jane's Story

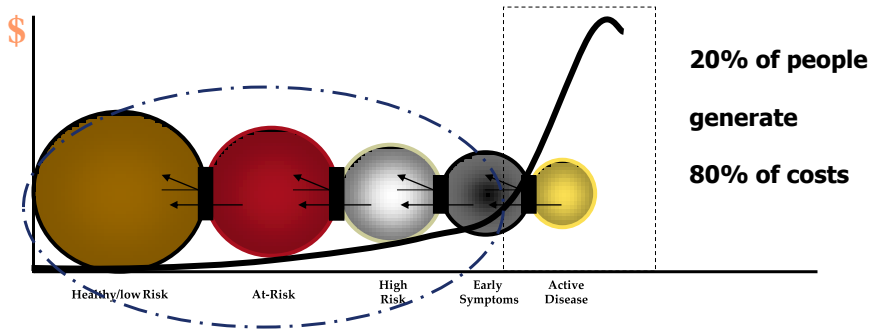
Care Management note from ED last week:

She kept saying "I did it myself. I can't believe I did it myself. I am not taking my pain medications like I used to, isn't that great?" Last time I saw patient, hair was dirty, skin pale and she was depressed. Today patient is clean, hair also clean and shiny.

Triple Aim: Transformation Elements



Proactively Identify and Engage High-Risk Populations



Claims Cost Distribution

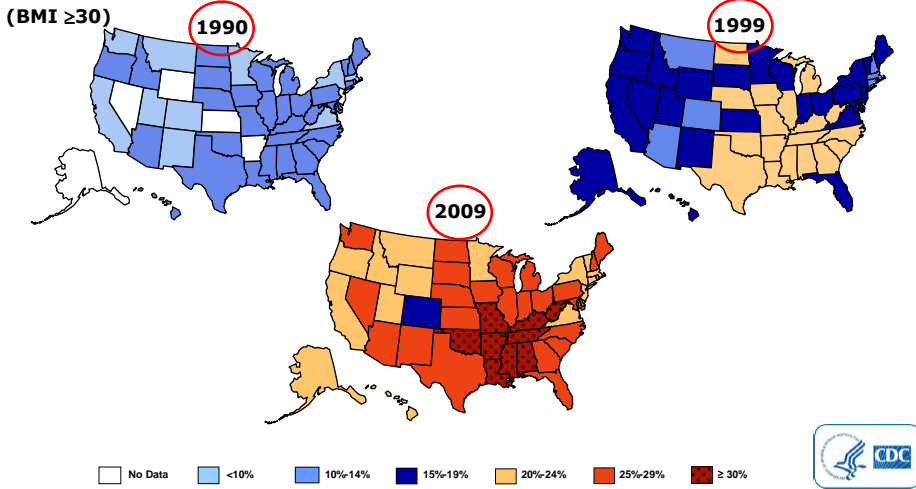
Case and Disease Management

- Using health plan and care delivery capabilities
- Identify patients at high risk
 - Leverage clinical and administrative data
 - Health risk assessment
 - Referrals from care team
- Engage patients to optimize health and prevent predictable complications
 - Both Case & Disease Management and care teams have a role
- Partnering with Allina, Essentia, Park Nicollet, etc. to coordinate with medical home/ACO development

Triple Aim: Transformation Elements



Focus on Health - Importance of Healthy Lifestyle: Obesity Trends Among U.S. Adults



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Source: Behavioral Risk Factor Surveillance System, CDC.

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Healthy Behaviors that affect 25% of health care costs (and 14 more years of life!)



- Being physically active



- Not smoking



- Eating 5 fruits and vegetables each day



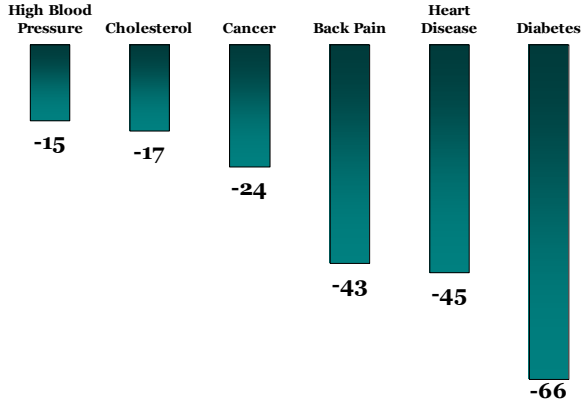
- Drinking alcohol in moderation

HealthPartners
I'm your partner.

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Healthy Lifestyle: Lower Incidence of Chronic Disease

Difference in 2-year incidence of new disease between people who adhere to 0 or 1 and 3 or 4 healthy behaviors (%)



Sources:
HealthPartners Health
Assessment database, 2007

Pedometers for Patients with Depression

Exercise:
It's good for the body *and* good for the mind

You can use this new, free pedometer to get started

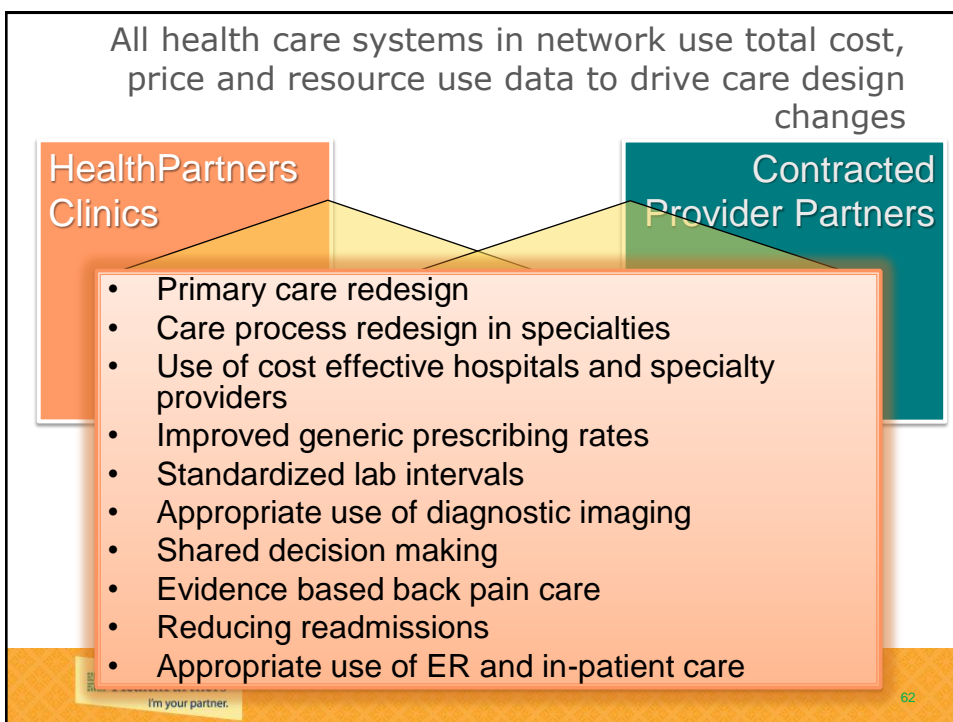
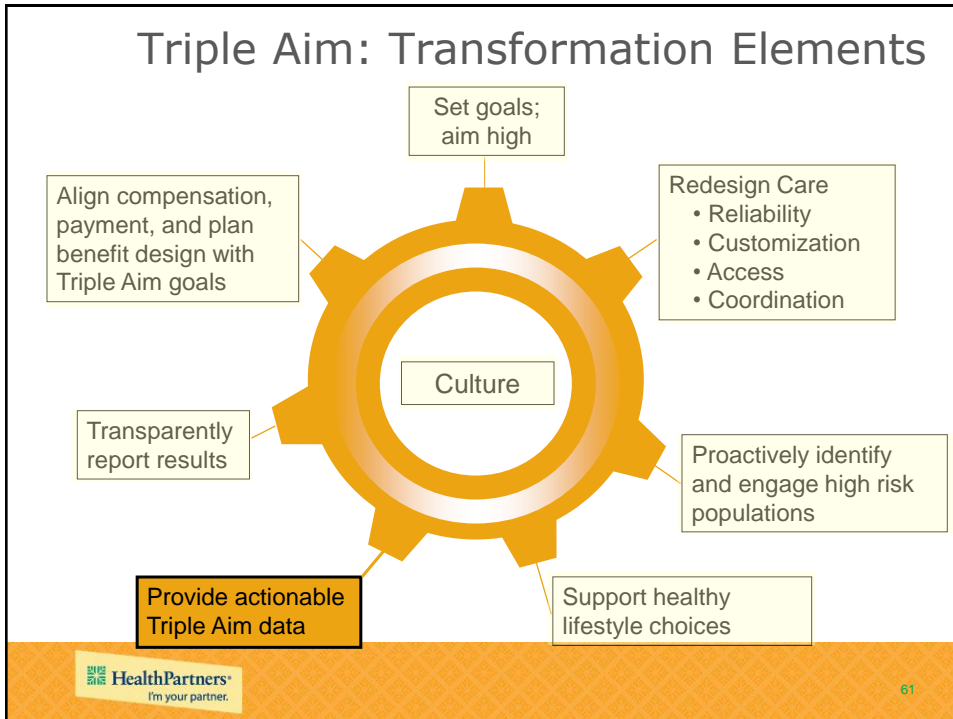
Whether it's a walk, a bike ride, or spending time in the garden, getting regular exercise is a great way to stay healthy. But exercise isn't only good for your body. Physical activity – even a little – can be a great way to help you manage things like depression, stress and anxiety.

Exercise can have a positive effect on mood. For many people with depression or another condition that affects how they feel, regular exercise can be an important part of what they do to feel better. Exercise is often one part of a complete treatment plan, which might also include therapy, medicine or both. Exercise doesn't replace the other parts of a plan – it adds to them.

Your provider has recommended exercise as part of your overall treatment plan. To help you get started, this free pedometer is yours to keep. A pedometer is a simple, easy-to-use tool to keep track of your activity each day. You'll find instructions for using it in the package.

A great way to get started is the HealthPartners 10,000 Steps® Program. It's a website that helps you track the amount of walking you do every day. As part of your treatment plan, it's free for you (just use the special promotional code on the next page). Or, if you prefer, you can choose a different kind of activity and proceed however you wish. It's up to you, in partnership with your provider, to determine what's right for you.

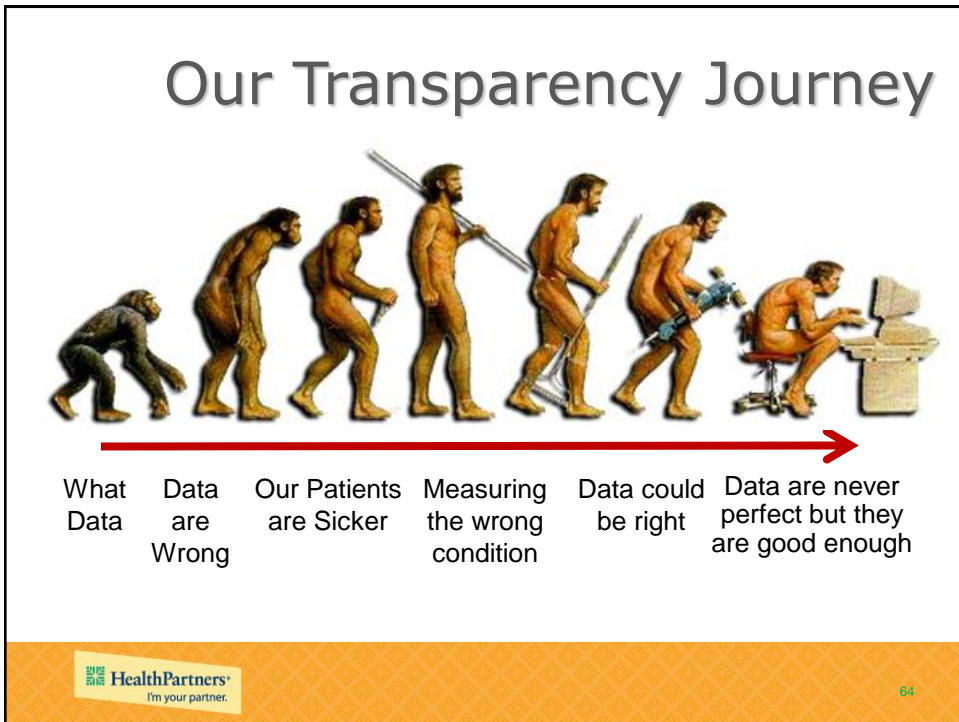
- The After Visit Summary includes a “prescription” for a pedometer – filled at the pharmacy
- Brochure highlights the benefits of exercise, provides instructions for accessing the 10,000 steps program if desired and provides tools to track progress



Triple Aim: Transformation Elements



Our Transparency Journey



Single Source Public Reporting

Table 22A: High Performing Medical Groups in 2010 - Primary Care

Medical Group	Asthma	Upper Respiratory Infection	Pharyngitis	Bronchitis	Optimal Diabetes	Optimal Vascular	Controlling High BP	Colorectal Cancer Screening	Breast Cancer Screening	Cervical Cancer Screening	Cancer Screening Combined	Chlamydia Screening	Childhood Immunization Status	COPD
HealthPartners Clinics 12 out of 14		●	●		●	●	●	●	●	●	●	●	●	●
Park Nicollet Health Services 9 out of 14		●	●		●	●	●	●	●	●	●	●	●	●
Quello Clinic 9 out of 14					●	●	●	●	●	●	●	●	○	●
CentraCare Health System 8 out of 14	●	●			●	●	●	●	●	●	●	●		
HealthEast 8 out of 14		●	●		●	●	●	●	●	●	●	●	●	
Fairview Health Services 8 out of 14		●	●	●	●	●				●	●	●		

We sponsor and actively participate in statewide public reporting through MN Community Measurement

- Single source results used by plans and other stakeholders
- Robust processes to support multiple stakeholders using collaborative approaches to measurement innovation and design

● = Medical group rate and CI fully above average

○ = Data size too small

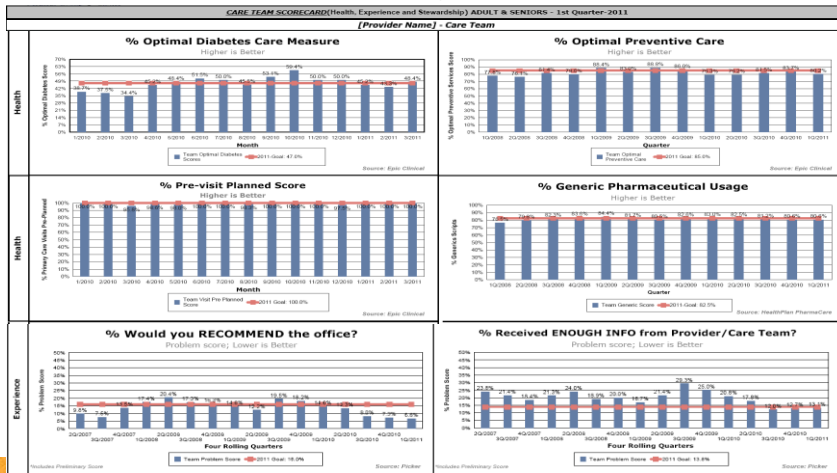
Blank = Measure reported but rate was average or below average.

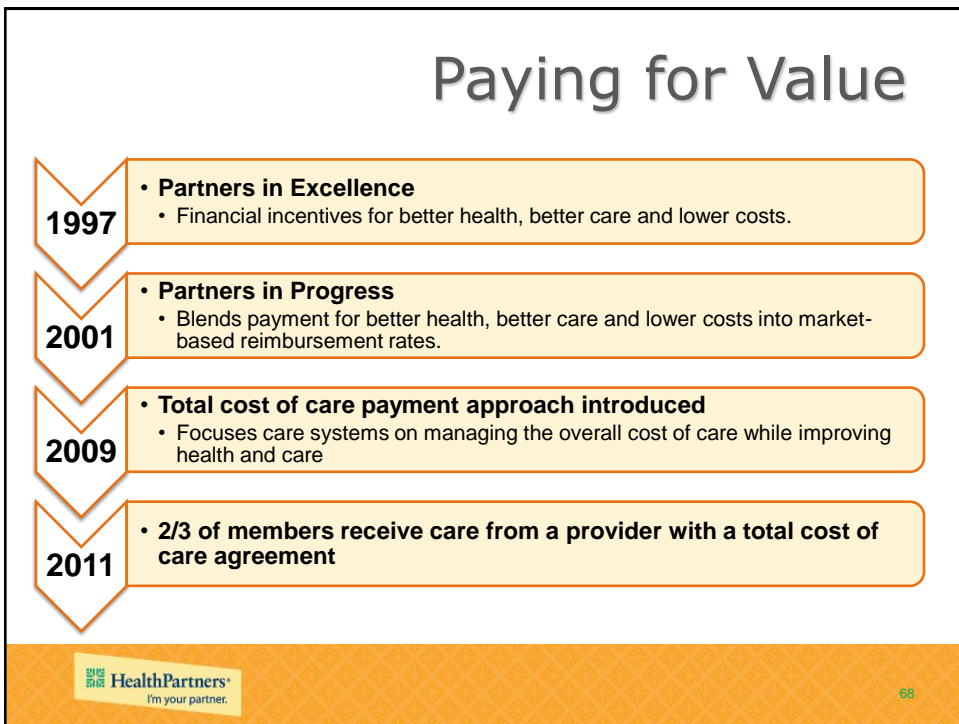
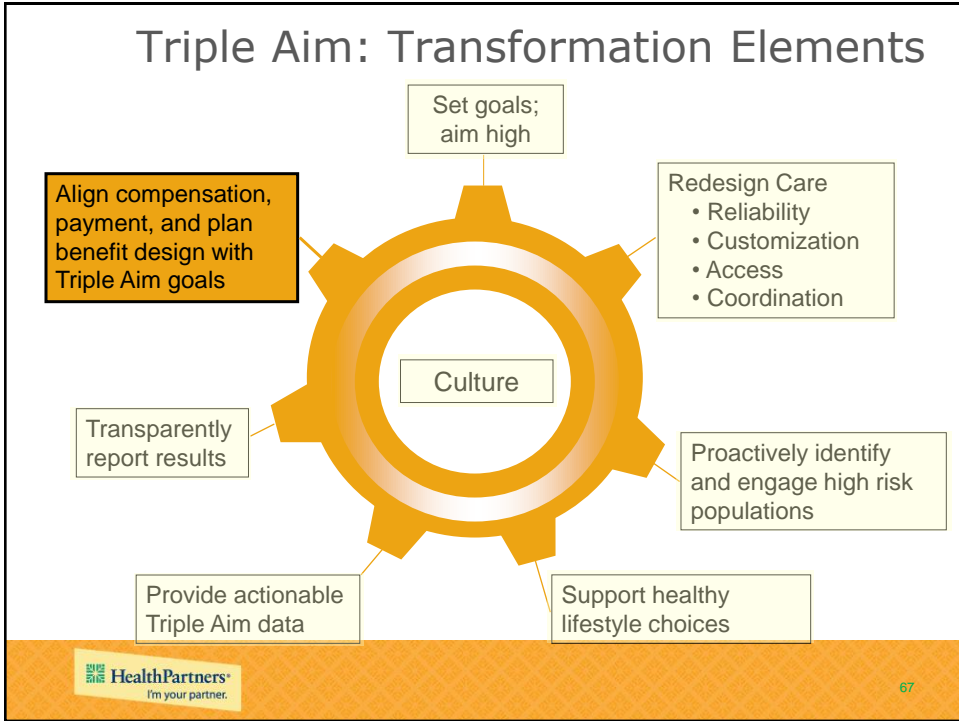
Source: MN Community Measurement – 2010 Health Care Quality Report



Care Team Results

Intentional Design of Internal Care Team Level Performance Reporting to Drive Improvement

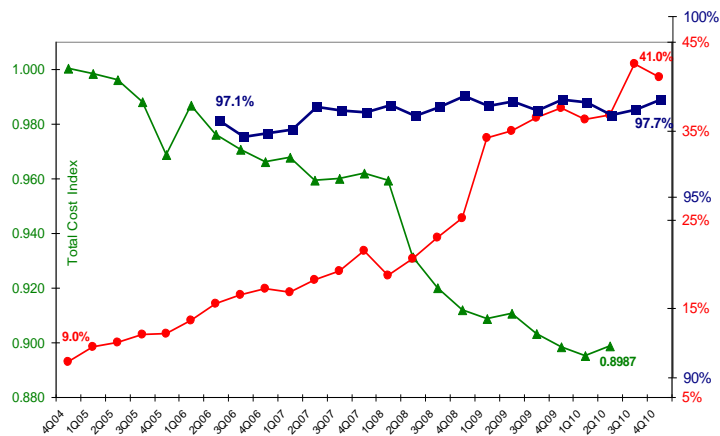




Results

- In top 20 national in NCQA's Health Insurance Plan rankings for 2010/11
- Medical Home recognition for all clinics
 - NCQA Primary Care Medical Home highest level designation
 - State of MN Health Care Home certification in Primary Care and Infectious Disease
- Hospital: Leapfrog Group's Highest Value Hospital Award 2009/10
- Employee engagement 8% above high performer norm
- Physician satisfaction (AMGA survey)
 - 25th percentile → 82nd percentile
- Achieved margin target in each of last 9 years
- Plan administrative costs at 5.4%; clinic unit costs moderated (1.07% compound annual growth rate 2004-10)
- Growth
 - 20% increase in medical plan membership over three years;
 - 15% in dental plan
 - Regions Hospital achieved top market share position in 2010
 - Clinic's active patients increased

TRIPLE AIM: Health-Experience-Affordability HealthPartners Clinics



▲ Total Cost Index
(compared to statewide average)
< 1 is better than network average

● % patients with Optimal Diabetes Control*

* controlled blood sugar, BP and cholesterol (per ICSI guideline A1: changed from < 7 to < 8 in 1Q09 and BP control changed from <130/80 to <140/90 in 3Q10), AND daily aspirin use, AND non-tobacco user

■ % patients "Would Recommend" HealthPartners Clinics

HealthPartners Delivers Value

- Ingenix Consulting Findings
 - *“HealthPartners is delivering care to its members more efficiently than the health plans included in the benchmark database”*
 - HealthPartners risk adjusted TCOC
 - 17% lower than regional and MN costs
 - 8% lower than national costs

Don Berwick's ACO

- Will put patient and the family at the center
- Engage people in shared decisions
- Teamwork will be paramount
- Handoffs will matter
- Deliver on the Triple Aim
- Proactivity, innovation, investment, health information

Assets

- Integration of financing and care delivery
- Ahead on affordability focused culture/consumer centric value proposition
- Brand and differentiation – growth
- East region care delivery system strength
- Health outcomes, quality results
- Innovation
- Improving results on patient experience/top-notch performance in member services
- Informatics
- Pioneering initiative in northwest quadrant
- Workforce (employee engagement 8% better than high performer companies)
- Advanced work in care process redesign and care teams
- Solid financial performance over time

Vulnerabilities

- Revenue sources from government
- Minnesota loses as high performer
- Health plans in the bulls eye; single payor focus in Minnesota
- Not metro wide/west metro strategy
- Inner city geographic footprint
- Complacency while others are catching up
- Many stakeholders
- Many uses for capital/not such a big bank account or margins
- Margin at risk



**Investigation of Health Care Cost
Trends and Cost Drivers**
Pursuant to G.L. c. 118G, § 6½(b)

Preliminary Report
January 29, 2010

OFFICE OF ATTORNEY GENERAL MARTHA COAKLEY
ONE ASHBURTON PLACE • BOSTON, MA 02108

www.mass.gov/Cago/docs/healthcare/Investigation_HCCT&CD.pdf



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Attributes of Successful Common Pool Resources (CPRs)

1. Both the boundaries of the CPR and the people or organizations who have rights to withdraw from the CPR are clearly defined.
2. Appropriation rules (taking resources from the CPR) and provision rules (contributing to the maintenance of the CPR) are congruent with local conditions.
3. Most people affected by the operating rules of the CPR can participate in modifying the operating rules.
4. Monitors, who actively audit CPR conditions and behavior, are accountable to the appropriators (people who withdraw resources from the CPR) or are the appropriators.
5. Appropriators who violate operating rules are likely to be sanctioned.
6. Appropriators and their officials have rapid access to low-cost local arenas to resolve conflicts.
7. The rights of appropriators to devise their own institutions are not challenged by external governmental authorities.

Ostrom E. *Governing the Commons: The Evolution of Institutions for Collective Action*. New York: Cambridge University Press; 1990.



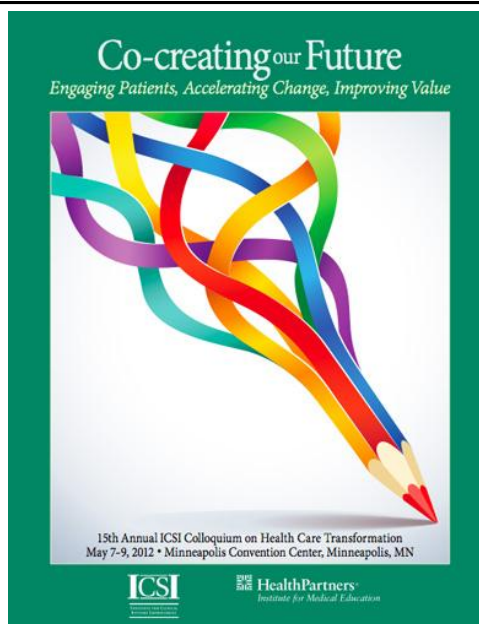
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Achieving Value in Health Care

- The stakeholders agree on a set of mutual, measurable goals for the health system
- The extent to which the goals are being achieved is reported to the public
- Resources are available to achieve the goals
- Stakeholder incentives, imperatives, and sanctions are aligned with the agreed-on health system goals
- Leaders among all stakeholders endorse and promote the agreed-on health system goals.



Kottke TE, Pronk NP, Isham GJ. The simple health system rules that create value. *Prev Chronic Dis* 2012;9:11017977



ICSI.org





HealthPartners headquarters
Minneapolis, Minnesota



Thank you

Thomas.e.kottke@healthpartners.com